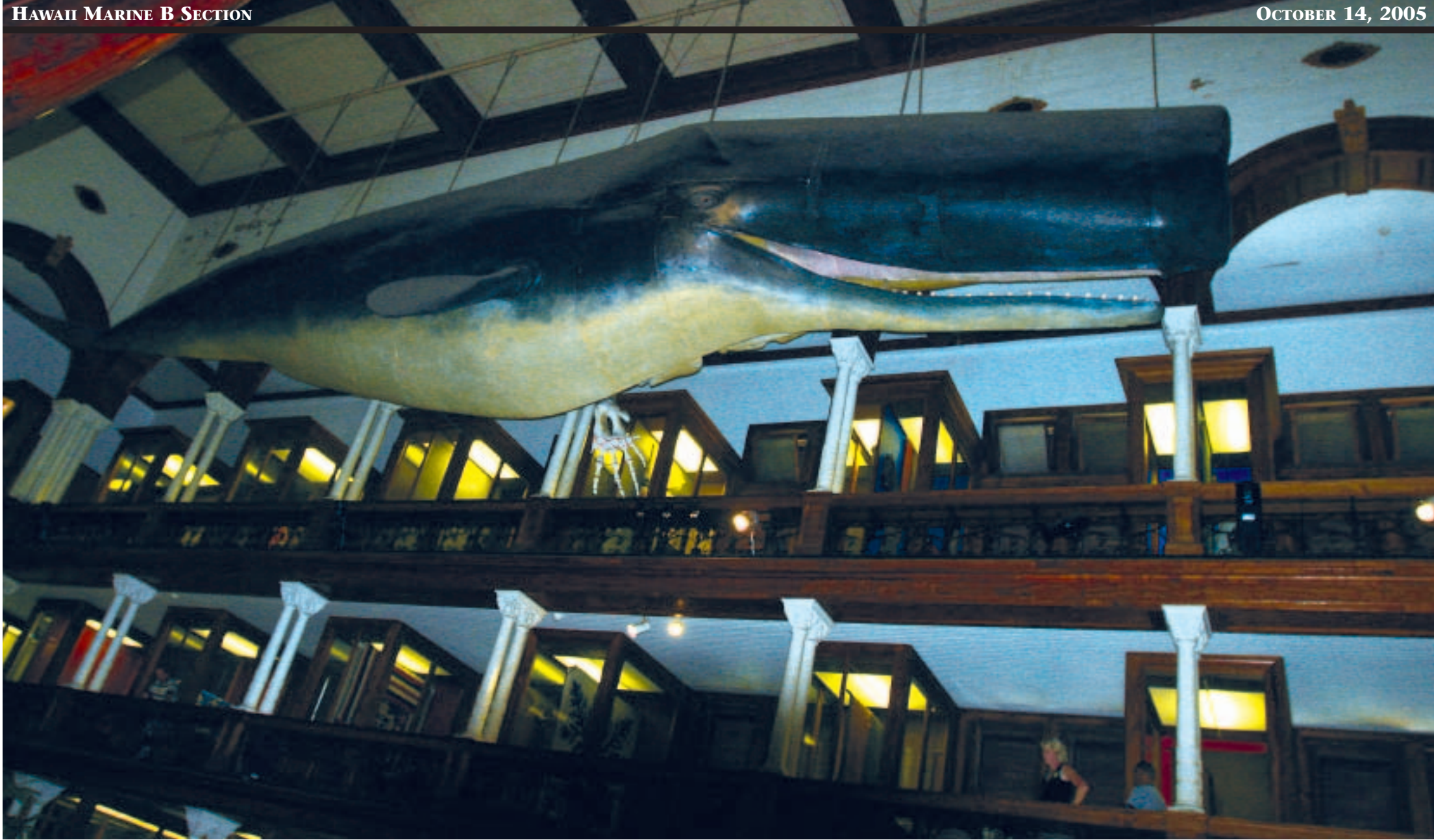


Hawaii MARINE LIFESTYLES

HAWAII MARINE B SECTION

OCTOBER 14, 2005



Lance Cpl. Roger L. Nelson

This 50-foot sperm whale is a “small” part of the Bishop Museum’s extensive anthropological collection. A planetarium, interactive displays and crafting demonstrations enhance the museum’s static displays.

Museum of the mind

Bishop Museum offers visitors rare glimpse of history, prehistory

Lance Cpl. Roger L. Nelson

Combat Correspondent

HONOLULU — Since 1886 the Bishop Museum has given tourists and locals a place to go to view an extensive collection of Hawaiian artifacts and Hawaiian family heirlooms.

The Bishop Museum was founded by Charles Reed Bishop, who dedicated it to his late wife, Princess Bernice Pauahi Bishop, the last descendant of the royal Kamehameha family. Its primary purpose is to serve and represent the interests of native Hawaiians.

The museum is now home to many artifacts from other cultures found around the world and houses one of the largest specimen collections in the world. It is the biggest museum in the state and is recognized throughout the world for its collections of artifacts from diverse cultures.

Exhibits are a very big part of the museum. Some are on permanent display, like the Polynesian Hall, Natural History Hall, Kahili Room and the Hawaiian Sports Hall of fame.

“We do a lot of exhibits that are only here for a short time,” said Joanne Beagan, tour guide for the Bishop Museum. “Currently, we have a ‘Baby Dinosaurs’ exhibit up, that will give visitors a chance to see dinosaurs up close and see what they were like.”

The dinosaur display was organized to give the message that play and parental responsibilities are vital to a child’s development, according to Beagan.

“My kids loved it at the museum,” said Sara Goodrich, a Kailua native. “It’s good that I can take them out to have a good time and, at the same time, they’re actually getting

educated on where they came from and where they live.”

The children seemed really impressed by the other children dancing hula. They said it was their favorite part of the museum, said Tim Goodrich, Kailua business owner.

“Our kids are always wanting us to take them to places like the water park, movies, and places like that,” said Goodrich. “Sometimes it’s nice to have places like the museum to take the kids to get them out of their regular routine.”

Aside from exhibiting artifacts, the museum also provides other attractions and many research projects for the surrounding area and for its public educational programs.

The Bishop Museum’s planetarium provides visitors with tours that give attendees a chance to see the Hawaiian skies like they can’t be seen anywhere else, said Beagan, 36.

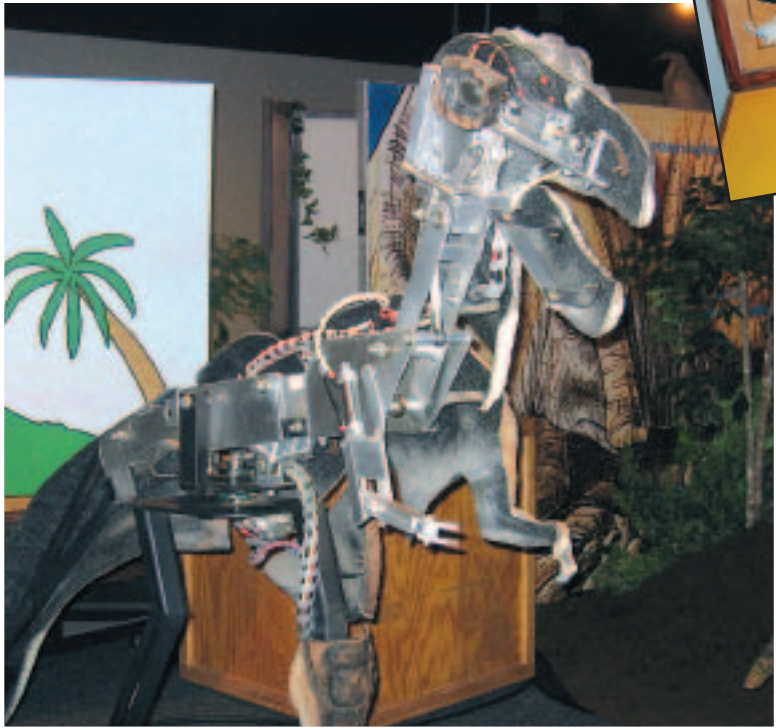
“I was stoked when I found out there was a museum near base,” said Lance Cpl. Aaron D. Banks, traffic management specialist, Traffic Management Office, Headquarters Battalion, Marine Corps Base Hawaii, Kaneohe Bay. “It’s cool — looking at some of the old artifacts from Hawaii and seeing the displays and stuff. Plus, it’s something else to do that keeps me busy and isn’t expensive.”

For more information, call the museum at 847-3511.



Photos Courtesy of Bishop Museum

Center — In addition to the museum’s exhibits, visitors can often find entertainers performing on the Great Lawn.
Inset, Far Right — Visitors can learn to sculpt a dinosaur at this creativity station, part of the museum’s “Baby Dinosaurs: A Prehistoric Playground” exhibit, which will be on display at the Bishop Museum through Dec. 11.



Above — This dinosaur model shows the sound system and aluminum and steel robotic skeleton that is inside each creature.
Right — Two Jurassic babies, an apatosaurus (left) and a stegosaurus, stir up a flock of pterosaurs as they embark on an early-infant exploration.



Oktoberfest offers history, flavor

Yibeli Galindo-Baird

Marine Corps Community Services Marketing

For some, one of the two great celebrations without which October would not be the much-anticipated 10th month, is Oktoberfest — the other, of course, is Halloween.

At Marine Corps Base Hawaii, Kaneohe Bay, two Oktoberfest celebrations will take place at the end of the month. The first will take place at Kahuna's Sports Bar & Grill on Oct. 22 from 8 p.m. to 1 a.m. The second will be hosted by The Officers' Club and presented by Headquarters Battalion on Oct. 28 from 4:30 to 7:30 p.m., by the pool.

Kahuna's has long been known for some of the most extravagant and successful parties on base, and its Second Annual Oktoberfest Bier Heim is guaranteed to be no exception.

"We will do this event in the same way as it was done last year," said Kahuna's General Manager Alexis Swenson. "There will be a large selection of German beer samplings and German cuisine under the 'FestTest,' an outdoor tent that will enable a larger crowd to gather for the celebration."

Traditional German music will also be available courtesy of the Wiener Wald Band. They will perform from 8 p.m. until midnight. Admission for this event is \$25.

"Yes, the \$25 includes everything — all the food and the beverage tasting during the entire event. It is a good deal," Swenson added.

Kahuna's Sports Bar & Grill is open to E-1s through E-5s, equivalent DoD civilians and sponsored guests.

Oktoberfest is one of those events that triggers certain images or expectations. For most folks, it is perceived primarily as a feast of German food and beverage.

The story behind it, however, is far more interesting than might be expected. Major David Prislin, executive officer of Headquarters Battalion, the unit behind the O' Club version of this event, researched the history behind



Photo Courtesy of MCCS Marketing

A large "Welcome to Oktoberfest" sign hangs above the entrance of one of the many festivals celebrating this event in Germany. At Marine Corps Base Hawaii, Kaneohe Bay, Oktoberfest will be celebrated at Kahuna's Sports Bar & Grill on Oct. 22 and at The Officers' Club on Oct. 28.

Oktoberfest and shared his findings.

According to Major Prislin, the Munich Oktoberfest starts its annual celebration the same weekend every year — the third full weekend in September. He discovered that Munich holds its Oktoberfest in September "because the original Oktoberfest was held that very weekend in 1810 as a celebration of the marriage of Prince Ludwig I and Princess Therese von Sachsen-Hildburghausen.

"The wedding party was such a success that it was celebrated again in 1812 in commemoration of the royal wedding. The wedding reception blossomed into a two-week, open-air festival that was so well received, it became an

annual event," said Prislin.

Each year additional exhibits were added, according to Prislin, until it became the major annual German fall festival that celebrated harvest time and the arrival of the fall season. Traditionally, festivities in Munich begin on the second to last Saturday in September and end the first Sunday in October.

During the 14-day event, more than 7 million visitors drink 14 million liters of beer, according to Prislin's findings.

"They also consume more than three hundred thousand pairs of pork sausages, six hundred thousand roasted chickens and more than sixty-thousand roasted pork knuckles," he

added.

"Why have an Oktoberfest at The Officers Club? First off, in the past, there have been no official Oktoberfest-type events aboard the base (for officers). There are a handful of events downtown, but given the expense of a significant cover charge, plus additional cost for food and drink, as well as the distance from K-Bay to downtown Honolulu, we thought it would be a good idea to have an Oktoberfest close to home, and offer it for a fair price," commented Prislin.

When asked why officers at K-Bay or Camp Smith attend this event, Prislin said, "The first reason is that the more officers who attend, the better the event will be. Second is the value: This event is a bargain. Oktoberfest at The Officers' Club offers Marine Corps Base Hawaii units a great opportunity to get together and enjoy some good food and drink, without spending a small fortune.

"German staples such as bratwurst, schnitzel and sauerkraut are included in the ticket price. Plenty of beverages will be available as well, including Oktoberfest-style beer.

"Finally," said Prislin, "the camaraderie: Oktoberfest is all about gathering with friends and countrymen to sample good food and drink in an Oktoberfest atmosphere."

According to event planners, musical entertainment scheduled for this event will evoke a true German festival.

Officers interested in this event can get information through their unit Officer Club Committee representatives or by calling the club. Tickets, priced at \$5 for Officers' Club members or \$8 for nonmembers, will be provided to unit commanding officers for advance sale within their commands. Tickets are also available directly through the cashier at The Officers' Club and will be available at the door on the afternoon of the event.

For more information on either of these events, call Kahuna's Sports Bar & Grill at 254-760 or The Officers' Club at 254-7650.

MARINE CORPS COMMUNITY SERVICES

WWW.MCCSHAWAII.COM

Possibilities in Paradise

Kahuna's Bar & Grill

254-7660/7661

Live entertainment — Make the most of the weekend by kicking it off with live entertainment at the club, tonight.

Raise the roof with Sidekick when the band starts playing at 10 p.m.

Texas Hold 'em — If you can turn the art of bluffing into a science, then you need to be at Kahuna's for another exciting round of Texas Hold 'em, Saturday.

This Poker variation is taking the base by storm, but only one can take the prize — by bluffing!

For a \$5 buy in, E-1s through E-5s will be able to play Texas Hold 'em. Also, remember that Kahuna's is always looking for dealers and that these dealers will receive a free meal and a Kahuna's T-shirt for their services.

Doors open at 5:30 p.m. with the games starting at 6 p.m.

Live NFL Games — Kahuna's is now open on Sundays from 7 a.m. to 3 p.m.

Enjoy breakfast, pupus or entrée selections. Play National Trivia Network's QB1, and try to guess the next play.

Bring your friends and foes for a day of gracious rivalry.

Watch Sunday football games on Kahuna's large plasma-screen TV and enjoy DirecTV NFL Sunday Ticket.

Monday Night Football — Get ready to cheer on your favorite team at Kahuna's Monday Night Football.

Starting at 6 p.m., enjoy a special menu. National Trivia Network QB1 will also be available for those of you who are psychic enough to call the next play.

Catch this week's game when the St. Louis Rams take on the Indianapolis Colts.

Hot Country Nights — She's back and better. Dita Holifield & Red Handed are back at Kahuna's making some good ol' country noise like nobody else can. The music begins at 8 p.m., Wednesday

Come ride the mechanical bull. And, if you get there early enough, you can take part in the weekly pool tournament.

Staff NCO Club

254-5481

Free, Fun Bingo — Make plans to come out to the Staff NCO Club for an evening of bingo from 5 to 8 p.m., Saturday.

Free pupus and great prizes are up for grabs. Among them you'll find:

Mongolian barbecue for two, lunch at the Fairways Sports Grill, T-shirts, video rentals, and much more. Come and play your evening away!

Sunday Football at the Club

— If you are craving a little football action on a screen that is larger than the screen you have at home, come out to the Rocker Room for the Sunday games.

While the club will not be open for business, food from the Fairways Sports Grill can be brought over to the Rocker Room.

Monday Night Football

— This is the place to be to get into the football state of mind. Special menus will be available at the Rocker Room with half-price specials for members from 6 to 8:30 p.m. or at the end of the halftime.

In addition to Sticky Man races, you can try to become the King or Queen of the Quarter for the opportunity to sit in the best seat of the house — a plush recliner — for a whole quarter. Ask the staff for details. Sorry, a remote does not come with the recliner.

This week's game features the St. Louis Rams against the Indianapolis Colts.

Officers' Club

254-7650/7649

Officers' Club Pool Hours

— The following pool hours are in effect at the club as follows: Wednesdays through Fridays 1 to 5 p.m.; Saturdays and Sundays 11 a.m. to 5 p.m.; and the pool will be closed on Mondays, Tuesdays and holidays so plan accordingly.

Limited poolside menu items can be ordered via the poolside phone for delivery to the pool.

All Hands

MCCS Surveys — Drop by the Base Library, the Klipper Golf Course and The Lodge to share your input, as a customer and an employee in the triennial Customer and Associate

Satisfaction Indexes.

Led by Headquarters Marine Corps Community Services, this is a great opportunity to share your ideas, opinions and concerns about the services that these facilities provide.

Evaluations will be sought through Oct. 29.

For more information, contact the Base Library at 254-7624; the Klipper Golf Course at 254-1745; and The Lodge at 254-2806.

Transition Assistance Program

— Service members separating from the military within the next six months are required to attend this briefing. Their spouses are also highly encouraged to attend.

The sessions will take place at Building 279 from 8 a.m. to 4 p.m., Monday through Thursday.

For more information, call 257-7790.

L.I.N.K.S. Class — Lifestyles, Insights, Networking, Knowledge and Skills or L.I.N.K.S. is the perfect class for the husbands and wives of service members who are new to the island or the military lifestyle.

L.I.N.K.S. provides basic information necessary to acquaint them with the unique aspects of the Marine Corps and Navy life.

This two-day session, offered once a month, will take place Tuesday and Wednesday from 5:30 to 9:00 p.m. at the L.I.N.K.S. House, Building 3074.

For more information, call 257-2368.

Alcohol Impact Education Class

— This class is open to all personnel who desire to stop or control their drinking. A preliminary screening by a Substance Abuse Counselor is required to determine appropriateness to enter this class.

This session takes place Tuesday through Thursday at Building 279, third deck, from 7:30 a.m. to 4:30 p.m. For more information, call 257-8910.

Marriage Skills Workshop

— If marriage is in your plans, don't miss the Marriage Skills Workshop offered by the Counseling Services department of Marine and Family

Services. Through this workshop, participants will learn more about becoming a successful family, couples communication, budgeting and finances, and resources available.

The first day's session, to be held on Wednesday, runs from 8 a.m. to 2:30 p.m., and the second session, on Thursday, runs from 8 a.m. to noon. Both sessions will take place in Building 216.

For more information or to register, call 257-7780 or 257-7781.

Ongoing

Exhibits at the Base Library

— This month, the library features a new exhibit titled "Bonfire of the Liberties," which will run through the end of this month.

It presents a consideration of the history of efforts to censor the humanities from Plato to the present. The exhibit highlights U.S. constitutional and legal guarantees of intellectual freedom and includes examples from children's literature, religious writings, American and world literature, and the history of ideas.

This is one of a series of interpretive exhibits that are provided by the Hawaii Committee for the Humanities.

Also, in honor of Hispanic Heritage Month, the library will also be displaying information on the accomplishments and works of famous Hispanics, past and present. This latter exhibit will run through Oct. 15.

For more details, call 254-7624.

Storytime

— Bring your little ones to the library from 10 to 11 a.m. to take part in the weekly Storytime reading. This is a great opportunity for home-schooled children, those who are not yet in school, or for parents who just want to get their children, and themselves, out of the house to have a regular event to attend in which everyone can be educated and entertained.

Parents must accompany children during the session.

For more details, call the Base Library at 254-7624.

Exceptional Family Member Program Special Needs Information and Support Network

— The EFMP ensures that the needs of the exceptional family member; including physical, emotional, developmental and medical components are taken into consideration during the change of assignment process.

This three-day support group meeting begins the fourth Tuesday of each month at the Lifestyles, Insights, Networking, Knowledge & Skills house in Building 3074.

Child care is provided free of charge.

For more details, call 257-7783.

Safety Inspections available at the Auto Skills Center

— Wondering where to go to get a safety inspection that is required for vehicle registration? Look no further than the Auto Skills Center's certified personnel.

This service is available Monday through Friday from noon to 6 p.m. and on Saturdays, Sundays and holidays from 9 a.m. until 3 p.m. or until openings are filled.

For more information, or to make an appointment, call 254-7675.

Swing and Salsa Lessons

— If you consider yourself rhythm impaired or want to learn a few new moves, then these classes may be for you. Drop by Kahuna's Community Ballroom, and, for \$2, you will be taught the basics of these dances.

Mondays feature swing classes while Tuesdays offer salsa and merengue instruction. After a few of these lessons, you'll be making heads turn on the dance floor.

For more details, call 254-7660.

Kahuna's Shrimp Night

— There is nothing like a mouthwatering basket of peel 'n' eat shrimp, and what is even better is that you eat them at the club every Tuesday night. At Kahuna's, not only is the taste great, so is the price.

For 20 cents, you can have a banquet with just your pocket change. Enjoy a classic movie and a variety of beverages to complement your shrimp feast.

For more info, call 254-7660.

MOVIE TIME

Prices: Adults, 12 and older, \$3; children 6 to 11, \$1.50 and children 5 and younger, free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16-years-old and younger. Sunday evenings, the price is \$1 for all patrons. Show your ID card at the box office. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first-priority patrons waiting in line, then second- and third-priority patrons.

In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag checks, confiscation of cameras or cell phones with video or picture taking capability (items will be returned after screening), magnetometer wand, audience scanning with night vision goggles during screening.

The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For more information, contact the Base Theater at 254-7641.

March of the Penguins (G)

Today at 7:15 p.m.

Four Brothers (R)

Today at 9:45 p.m.

Red Eye (PG-13)

Saturday at 7:15 p.m.

The 40 Year Old Virgin (R)

Saturday at 9:45 p.m.

March of the Penguins (G)

Sunday at 2 p.m.

Four Brothers (R)

Sunday at 6:30 p.m.

The 40 Year Old Virgin (R)

Wednesday at 6:30 p.m.

The Brothers Grimm (PG-13)

Friday at 7:15 p.m.

Transporter 2 (PG-13)

Friday at 9:45 p.m.

Personality Features

Sniper aims for recruiting duty

Pfc. Edward C. deBree
Combat Correspondent

Training brand new Marine scout snipers is a long, difficult process some instructors might find difficult. But Sgt. Andrew K. Jones does the job as if it were a hobby.

“I love my job,” said the 24-year-old Kirkland, Wash. native. “I love teaching these guys and training Marines to become snipers.”

A scout sniper instructor for 3rd Marine Regiment School, Jones joined the Marine Corps on Sept. 7, 1999, and began his training to become one of the Marine Corps’ scout snipers in 2001.

“My sergeant came in one day and asked me if I wanted to become a scout sniper,” said Jones. “And me, being the motivated lance corporal that I was at that time, said I would do it.”

Jones said he was training in the field one day when he received word that the United States had just been attacked. That day was Sept. 11, 2001.

Jones was sent to the Philippines to fight the Al Queda chapter located there.

“You don’t think of situations like that until they happen,” said Jones. “At first, you think that all the training you’re doing is kind of boring, but once combat situations like that happen, you realize that all the training works. What I have learned is that in combat situations you also become closer as a unit.”

Although Jones is now a Marine, he was originally on his way to becoming a soldier, but his father insisted on him becoming a Marine.

“I knew that I didn’t want to go to college, so I was all set on joining the Army,” he said. “But when my dad talked to the recruiter, he told the recruiter that he wanted me to join the Marines. So the next day, the Army recruiter took me over to the Marine recruiter to talk to him, and the rest is history.”

Jones said that he chose the job of becoming a rifleman because he wanted to have fun and play in the dirt. Now, when Jones is not playing in the dirt, he spends time playing golf.

“It’s the only thing I can really do now, since I was married one year and seven months ago,” he said. “Golfing helps me relax and relieve my stress.”

Already father of a 1-year-old daughter, Jones said he is about to become a father for a second time in February with the birth of his second daughter.

Jones has trained in many schools to become the best he can be. He has been through Airborne Jump school, Urban Sniper training, Urban Reconnaissance Surveillance School, Advance Sniper training, and Scout Sniper Platoon Commander School.

Jones said his next challenge will be becoming a recruiter in April, which he said he had to get a waiver to become.



Sgt. Andrew K. Jones, Scout Sniper instructor, takes time out from training Marine scout snipers to pose for the camera at Schofield Barracks.

“I was disqualified for recruiting duty at first,” he said. “I was disqualified because you’re only allowed two dependents to become a recruiter. And by the time April rolls around, I will have three.”

Though Jones will be on recruiting duty next year, he said that his heart will always be out in the field with the Marines he trains with.

“It’s always important to stay true to your Marines,” he said. “Always trust them in times of need, because it’s unbelievable how close you will become in times of death.”

Corpsman finds respect working with Marines

Pfc. Edward C. deBree
Combat Correspondent

“The Iraqi conflict was probably the best experience,” said Petty Officer 3rd Class Nester Lazo. “It gave me a new meaning of life. It brought people together to become good friends, the kind of friendship only being in a combat situation can bring.”

Lazo, corpsman, 3rd Marine Regiment, went into combat operations in Iraq on Oct. 23, 2004. Lazo said that when he first heard word that he was being sent to Iraq his first thoughts were that he was thankful he was finally going.

“We always heard we were going to Iraq but they were always rumors,” said the 26-year-old Honolulu native. “We kept on hearing that we were going to leave any month at the time, but it never happened. So we did what we always do, which is train. Then we finally got the word.”

Lazo saw combat in Fallujah, Al-Asard, Abu Gradu, Korean Village, and Baghdad. But Iraq wasn’t the only deployment this corpsman has been on. Lazo has also been deployed to the Philippines, Australia, Guam, Korea, Malaysia, Thailand, Okinawa, Japan and Kuwait. But Lazo said that the best deployment he has been on was the one in support of Operation Iraqi Freedom.

“When I left Iraq, I was scared on how to act with civilians since I was in combat situations for eight months,” said Lazo. “When we came back I missed being in the limelight. We were the battalion that was always on the news.”



Petty Officer 3rd Class Nester Lazo, a hospital corpsman, stands in front of a Navy logo painted on the Battalion Aid Station aboard Marine Corps Base Hawaii, Kaneohe Bay. Nester said that he has had no regrets about joining the Navy because the training he has received will last him a lifetime.

Lazo first checked into 3rd Battalion 3rd Marine Regiment in 2001 and was transferred to the Regimental Aid Station in 2003.

Lazo joined the Navy in 1998 after graduating Damien Memorial High School. The Navy was an easy choice for him.

“I was going nowhere after high school. So I drove down to the recruiting station to join the military and since the Navy’s office was the closest one to the parking lot I walked in,” said Lazo. “If I were to have parked on the other side of the building, I would probably have joined the Coast Guard.”


Lazo chose the medical job field because of all the occupations and the fact that health care will always be there. He said the training he has received will last him a lifetime because machines can’t be relied on to do everything — that a machine can’t heal someone who is injured.

Lazo is the eldest child of Lester Sr. and Regina Lazo. He has been married for six years and has two sons, one 4-year-old and a 1-year-old. When Lazo is not working, he spends all the time he can with his family. He said he always is up to playing basketball and paintball, even challenging his children.


Even though Lazo is a Sailor, he said that he loves being a part of the Marine community.

“The military is the best decision I have ever made,” said Lazo. “It’s easy and being a corpsman is the best job in the Navy especially if you’re stationed with Marines. Respect is hard to find at other duty stations, but here, everyone respects you.”

Sound Advice.

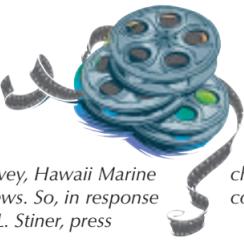


Not everyone enjoys the sound of loud pipes. Be considerate of others, especially in quiet neighborhoods and at night. Then we can hear all the good things people say about the sport.



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MOVIE



REVIEWS

Editor's Note: In a recent survey, Hawaii Marine readers asked for movie reviews. So, in response to your request, Cpl. Megan L. Stiner, press

chief, and Lance Cpl. Roger L. Nelson, combat correspondent, present Movie Reviews.

NOW PLAYING

In Her Shoes



Sisters tell a tale of dysfunction

Diaz substitutes as sleeping pill ‘Chick flick’ is pleasant surprise

Lance Cpl. Roger L. Nelson
Combat Correspondent

Curtis Hanson, director of the hit movie “8 Mile,” has a new movie out that is, what I like to call, a “chick-flick.”

This romantic comedy portrays Maggie, played by Cameron Diaz, as an immature baby at the age of 30. She has no job and totally lacks any responsibility. On the other hand, there is Maggie's sister, Rose, played by Toni Collette, who is an intelligent lawyer with a good head on her shoulders.

Although Maggie has a drinking problem, it doesn't stop her loving father and sister from caring for her.

But, Maggie is kicked out of her father's house by his controlling wife. She then goes to stay with her sister. Although Maggie is caught stealing money and crashing her car, Rose still lets her live with her.

Well, the love in the house doesn't last very long when Rose walks in on her alcoholic sister who is in bed with her boyfriend. Furious with her sister and boyfriend/boss, Rose quits her job to become a dog walker and boots Maggie out.

Maggie returns to her father's to collect her things. While looking for money going through her father's desk, she finds birthday cards sent to her from a grandmother

in Florida whom she knew nothing about.

Maggie goes off to Florida to find her grandmother so she can suck cash out of her, telling her she wants to become an actress in New York City.

Living with grandma, played by Shirley MacLaine, Maggie gets a job working with the elderly.

Grandma Ella begins to wonder about Rose and wants to have a family reunion.

Mysteriously, Rose runs into her old colleague Simon, played by Mark Feuerstein, who she had once been sent on a business trip with when she was a lawyer. Simon takes a liking to Rose and wants to marry her, but the problems still stand with her sister and make it difficult to marry him.

In my opinion, for the guys, other than seeing Diaz in her silkies, stay at home and save the \$7.50 you're going to spend buying a ticket to see this movie. This way you'll save money and be sparing your body from the two pounds of butter you would have put on your popcorn.

But for the females out there, this is definitely a movie that is meant to catch your eye.

Cpl. Megan L. Stiner
Press Chief

Ever since I began writing movie reviews, I have wanted to watch a simply horrible film, just so I could have a little fun, totally ripping it apart. When I decided to watch the movie “In Her Shoes,” starring Cameron Diaz, Shirley MacLaine and Toni Collette, I figured it might just be the sappy, stereotypical “chick flick,” love-ever-after storyline I was looking for.

I was pleasantly mistaken.

Although it fit all the aforementioned characteristics, it ended up bringing a lot more to the table than just portraying someone's perfect world getting upset and then ultimately, being set right again.

The movie is an endearing tale of two sister's lives that reflect both a friendly and not-so-friendly sister rivalry.

Maggie, played by Cameron Diaz, is beautiful, but not as educationally gifted as her sister Rose. Maggie has a reputation for being a jobless drunk who entertains her self-confidence by sleeping around, while Rose, Tony Collette's character, depicts a successful, working woman with low self-esteem and an even less existent intimate life.



Keeping safe

Program cuts waste

Practicing safety tips can keep you alive, well

Press Release

Provost Marshall's Office

Criminals don’t always fit a certain stereotype or appearance; they may be dressed in a business suit and appear to be harmless, law-abiding individuals. Attackers and rapists can be anyone — a stranger, neighbor, boyfriend, co-worker, classmate and even a friend. In many cases, the victim knew their assailant.

Defend yourself against criminals by communicating to them that you are an undesirable target, and they will be met with your resistance. The best defense is to not allow yourself to be caught in a situation that would give the criminal the opportunity to take advantage of you.

Practice the following safety tips to reduce your risk of being a victim:

- Be alert to your surroundings. Know who’s around you and what’s going on.
- Walk with confidence.
- Stay in well-lit, and on well-traveled streets.
- Wear clothes and shoes that give you freedom of movement.
- Don’t walk alone. There is safety in numbers.
- Avoid secluded locations.
- Don’t display cash, and avoid isolated ATM machines.
- Trust your instincts. If you think you’re being followed, you probably are. Switch directions and seek the nearest place of safety, such as: open store, restaurant or occupied residence.

In your car

- Learn basic car repair, such as how to change a flat tire.
- Make sure your car and tires are in good operating condition and that you have enough gas.
- Park as close to your destination as possible.
- Avoid parking in isolated areas. Take the keys with you — even if you’ll be gone for just a minute.
- Check the back seat and interior of your car before entering. Ready your keys so you won’t fumble with them.
- If you have car trouble, raise the hood and turn your hazard lights on.
- Get back into your vehicle and lock it. If someone stops to assist, ask them to call the police or garage or use a cell phone if you have one.
- Keep your car doors locked, even while driving.
- Hide your valuables.
- If a suspicious vehicle is following you, drive to the nearest well-lit gas or convenience store or nearby police district station.

Taking the bus

- Use well-lighted, busy stops. If your stop has low pedestrian traffic, have a friend or relative meet you.
- Stay alert while waiting for and riding the bus.
- If someone is harassing you, yell loudly, “leave me alone,” to draw attention.
- While riding the bus, sit close to or behind the driver.

Being robbed

- Give up your property — it’s not worth getting injured or losing your life over!
- Report the crime to police as soon as possible and relay as many details as possible.

Being sexually assaulted

- Sexual assault and rape can happen to anyone. Some would-be attackers may give up with little resistance while others may become more enraged and more violent if their victims fight back. Do not allow the attacker to move you to another area. Do whatever it takes to prevent that.
- Try to calm the attacker. Tell him you are pregnant or have a sexually transmitted disease.
 - Attempt to discourage the attacker — talk, stall for time, and assess your situation.
 - If you’re at home, tell the attacker that your husband or boyfriend will be home soon.
 - If you are in a physical confrontational phase, try to escape. Be rude, scream, yell, kick, fight and run!
 - All attacks should be aimed at the vulnerable parts of the body such as the groin or eyes.
 - If the attacker has a knife or handgun do whatever it takes to get away.

Being a victim

- As soon as you are safe, call the police and give your location.
- Preserve all physical evidence. Don’t wash, change

clothes, douche, throw away clothing or clean up the assault area.

- After the report is taken by the police, an investigator will accompany you to the hospital for an examination and recovery of all evidence.
- Get counseling to help you deal with the attack. Rape is physically and emotionally traumatic.

Identifying the attacker

When describing the suspect, start from the head and scan the person to the feet. Use yourself as a gauge or, if possible, use a fixed object such as a doorway to measure the size of the attacker. Do not focus on secondary features such as clothing because they can be easily changed.

Concentrate on the height, weight, build (muscular, heavy, thin, etc.) approximate age, complexion, race, color of the eyes, hair color, voice and if he has an accent and what type of accent. Most importantly, scars, tattoos and marks such as moles and jewelry are critical ID characteristics as they are not easily removed or too expensive to discard.

If a gun was used, describe it: a revolver or semi-automatic, finish — blue (dark) or stainless steel, etc. What hand did the suspect carry the gun with?

Press Release

Energy Office

If there is one most significant factor in improving the energy efficiency of products in the United States and even internationally, it is the Energy Star program of the U.S. government. Launched in 1992 by the Environmental Protection Agency, the program is responsible for setting energy efficiency standards for consumer and commercial products.

Although the first products selected for Energy Star labeling and distinguished by the familiar logo were computers and monitors, the list of covered products has grown significantly. The list of products now includes, in addition to computers and monitors, a host of office equipment such as printers, faxes and plotters, and commercial air conditioning and heating equipment.

The program has been so successful that it is responsible for \$8 billion in energy savings every year.

The benefits of the Energy Start program have exceeded all expectations. For those interested in energy efficiency, it provides a uniform, consistent means of evaluating new products. As such, it takes the guesswork out of choosing a product — either for the home or business — such that it will use the least amount of electricity.

Secondly, the selection and use of Energy Star products improves air quality by reduc-

ing to a minimum the number of kilowatt-hours required for lighting, space conditioning, and office equipment. No longer do such products have to continue using electricity when not actually in use, because Energy Star products are required to go into “standby” when not actually operating. As a result, less CO₂ is released into the atmosphere and air quality is improved.

Finally, the Energy Star program has become international, providing the same benefits in other countries as in the United States. There are currently successful programs in Australia and Canada, as well as other countries. This is especially important to the issue of global warming, as air emissions know no geographical boundaries, and the excessive burning of fossil fuels to produce electricity affects all countries.

Just as the benefits of using Energy Star products should be very clear, the lessons for those purchasing energy-using products should be equally convincing. For those in government or business making such decisions, the effect on the bottom line is significant. In fact, Federal Acquisition Regulations requires the purchase of Energy Star products where available. But even for those making personal choices in home appliances, choosing Energy Star products is good for both the pocketbook and the environment.

For more information, check out the Web site at www.energystar.gov/.

Commissary marks 14th anniversary, Oct. 1

Press Release

Defense Commissary Agency

FORT LEE, Va. — Fourteen years ago, to improve efficiency and increase taxpayer savings, Congress and the Department of Defense created the Defense Commissary Agency by consolidating the military services’ retail grocery operations into one

organization. Today, the agency, known as DeCA, continues to save taxpayer dollars while preserving a vital military benefit that is important to the recruiting and retention of military personnel. While Oct. 1 marks the agency’s 14th anniversary, the commissary benefit itself is actually 138 years old. Congress authorized the Army to sell

food items at cost to officers and enlisted men beginning July 1, 1867. These sales were authorized at every Army post with a subsistence warehouse. Sales areas consisted of simply a table or counter in the warehouse, and sales were limited to an official stock list of 82 items, but this was the start of the modern commissary benefit.

In the last 14 years, customer savings have increased, store facilities have been upgraded, and more people became eligible to enjoy the benefit. In 1991, commissaries provided average customer savings of 20 percent when compared with local grocery chains; today average savings is more than 30 percent. During those 14 years, to provide military families

with a shopping experience comparably pleasant with stores in the civilian sector, the agency opened 88 new stores, remodeled or made major renovations to 64 existing ones, and upgraded and modernized over a hundred more. The number of items stocked by commissaries has also

See DECA, B-7

— ON THE MENU AT ANDERSON HALL —					
<p>Today <i>Lunch</i> Beef Balls Stroganoff Baked Fish Fillet Macaroni and Cheese Garlic Roasted Potato Wedges Mixed Vegetables Lyonnaise Carrots Raisin Drop Cookies Fruit Pies</p> <p><i>Dinner</i> Ground Beef Tacos Chicken Enchiladas Chili Conquistador Burritos Refried Beans Mexican Rice Mexican Corn Green Beans Creole Raisin Drop Cookies Fruit Pies</p>	<p>Saturday <i>Brunch/Dinner</i> Roast Turkey Chicken Cordon Bleu Mashed Potatoes Boiled Egg Noodles Simmered Broccoli Simmered Succotash Spice Cake w/Lemon Cream Frosting Sugar Cookies Fruit Pies</p> <p>Sunday <i>Brunch/Dinner</i> Swiss Steak w/Mushroom Gravy Glazed Rock Cornish Hens Rice Pilaf Corn Bread Dressing Mashed Potatoes Simmered Corn Southern Style Green Beans</p>	<p>Yellow Cake w/Butter Cream Frosting</p> <p>Monday <i>Lunch</i> Beef Stew Baked Fish Fillets Baked Macaroni and Cheese Steamed Rice French Fried Okra Buttered Corn Oatmeal Cookies Fruit Pies</p> <p><i>Dinner</i> Italian Veal Steaks Braised Pork Chops, Bone In O'Brien Potatoes Steamed Rice Peas w/Onions Mixed Vegetables Oatmeal Cookies Fruit Pies</p>	<p>Tuesday <i>Lunch</i> Chicken Parmesan Cajun Fish Fillet Steamed Rice Simmered Corn Boiled Egg Noodles Simmered Asparagus Oatmeal Raisin Cookies Fruit Pies</p> <p><i>Dinner</i> Southern Fried Chicken Beef Balls Stroganoff Parsley Butter Potatoes Boiled Egg Noodles Simmered Pinto Beans Club Spinach Oatmeal Raisin Cookies Fruit Pies</p>	<p>Wednesday <i>Lunch</i> Chili Macaroni Roast Turkey Grilled Cheese Sandwich Mashed Potatoes Glazed Carrots Simmered Succotash Brownies Fruit Pies</p> <p><i>Dinner</i> Meat Loaf Pork Ham Roast Mashed Potatoes Tossed Green Rice Cauliflower Combo Broccoli w/Cheese Sauce Brownies Fruit Pies</p>	<p>Thursday <i>Lunch</i> Salisbury Steak Barbecue Chicken Rice Pilaf Oven Browned Potatoes Corn on the Cob Simmered Peas and Carrots White Cake w/Lemon Cream Frosting Fruit Pies</p> <p><i>Dinner</i> Beef Yakisoba Orange Chicken Fried Rice Steamed Rice Simmered Broccoli Fried Cabbage w/Bacon White Cake w/Lemon Cream Frosting Fruit Pies</p>

WORD TO PASS

Public Invited to Hispanic Heritage Festival

The Hawaii Hispanic Chamber of Commerce and the Hispanic Center of Hawaii, presents the 12th Annual Hispanic Heritage Festival, Saturday from 10 a.m. to 6 p.m. at the Kapiolani Park Bandstand in Waikiki.

There will be live entertainment, food booths, arts, crafts, vendors, specialty products, health agencies, and inflatables for the children. This nonalcoholic event will be free fun for the entire family.

The festival includes live music and numerous dance expositions from local, mainland and international groups.

The special attraction is Ramon Ramos Alayo and Rosie Perez who will showcase two dance routines: a rumba, which features Cuban folklore dance; and a rueda de casino, which features Cuban popular dance. Ayalo, artistic director of the Alayo Dance Company and known throughout San Francisco's Bay Area as a dancer, teacher, choreographer, will be holding dance workshops throughout the week.

For more details, call the Hawaii Hispanic Chamber of Commerce at 398-3084 or Hispanic Center of Hawaii at 941-5216 or 285-0072.

Volunteers Sought to Lighten Childrens' Day

Moopuna Shriners Run is set for Oct. 23. The motorcycle run will be free and so will the food. Only your time with the children is needed!

The group will meet at and depart from Moanalua Gardens at 10 a.m. for a short ride to Shriners hospital.

Spend some time volunteering to help make these childrens' day fun as this is always a big event for them.

This event will offer games with the children, free lunch and the good warm feelings that come from your time spent with the little ones.

For more information, e-mail Mark at roadking@hawaii.rr.com.

Hawaii International Film Festival Returns

The Louis Vuitton Hawaii International Film Festival will feature more than 200 films, documentaries, shorts and animations, representing more than 40 countries, from Wednesday through Oct. 29.

2005 marks the 25th anniversary of the Louis Vuitton Hawaii International Film Festival established in 1981.

The Hawaii International Film Festival will conclude its 2005 coming-of-age dramedy "Rounding First" will be making its world premiere at 3:30 p.m. on Closing Night.

Attending the screening will be the World Champion Little League West Oahu baseball team, who have been invited specially.

The story follows 12-year-olds Joe, Tiger and Chris in

Allentown, Pa., during the summer of 1980. The boys break out of Little League Baseball Camp to secretly trail Joe's parents, who have lied to Joe about a mysterious trip they're taking. The boys must piece together clues, avoid their parents, dodge the police — and not destroy their friendships in the process — during an adventurous road trip in their last summer before junior high.

Starring in "Rounding First" are: Borish, who co-starred in the CBS television series "Hack;" Fulton, who starred in the mega-budget film "Thunderbirds;" and Sam Semenza, who was featured in the HBO series "The Sopranos." Also starring are John Michael Bolger who stars in the NBC series "Third Watch," and Michael E. Knight, who plays Tad "the Cad" Martin on the daytime series "All My Children."

For more information, visit www.roundingfirstmovie.com. Tickets may be purchased in person from 11 a.m. to 6 p.m., seven days a week, or by ordering online at www.hiff.org/, or calling the box office at 528-4433. The box office is at 650 Iwilei Road, ground floor, 102A, across from the Dole Cannery Stadium 18.

The festival is dedicated to advancing understanding and cultural exchange among the peoples of Asia, the Pacific, and North America through the medium of film.

Honolulu Harbor Festival to Set Sail Next Month

The 6th Annual Honolulu Harbor Festival celebrates the rich maritime heritage of Hawaii. Come to the Hawaii Maritime Center and Aloha Tower Marketplace, Honolulu Harbor Piers 7 to 11 and experience what makes the waterfront work through narrated harbor tours, nautical demonstrations and activities, and vessel open houses, Nov. 6 from 9 a.m. to 5 p.m.

Festival-goers will also be treated to a canoe regatta, tugboat hula competition, great food, live entertainment, contests, prizes and interactive harbor-themed booths.

The Honolulu Harbor Festival was created to entertain and inform about the harbor's colorful history, and its vital role today.

The festival is free and open to the public. For more information, call 523-6151.

DECA, From B-6

increased, from about 13,000 in the largest stores in 1991 to 17,000 in the big stores today. More recently, National Guard and Reserve personnel, always key components of the military, have been given full-time commissary benefits.

Commissaries provide a substantial savings, they enable military families to make ends meet in areas where the cost of living is high, and they bring a morale-building "taste of home" by providing familiar American food products in overseas locations. They are highly valued by service families and are a major incentive to reenlistment.

When natural disasters strike military installations, as happened this year when Hurricanes Rita and Katrina damaged several bases, commissaries are crucial to military families in need of emergency food and supplies. Even when stores have been damaged beyond repair, temporary commissary operations bring relief and some sense of normality to a stricken area.

Patrick B. Nixon, DeCA's chief executive officer and acting director, said commissaries have become increasingly important. "There is now recognition of how the commissary benefit helps our people in uniform, wherever they are stationed. When forces deploy, the families left behind depend upon their local community services, including the commissaries, to see them through tough, nervous, lonely times."

With 14 years of experience and 138 years of heritage behind it, the Defense Commissary Agency is ready to continue providing this highly valued military benefit for years to come.

MARINE MAKEPONO

HAWAIIAN FOR “MARINE BARGAINS”

Automobiles
’97 VW Jetta GT, black, 134k miles, drives great. Leaving the island. Car is a definite must see. Asking \$3,400 or best offer. Call 254-0071.
’99 Pontiac Sunfire, green, 36k miles, V4, automatic, four-door, a/c, faceless CD player. Asking \$5,000 OBO. Call Celina at 254-4575.

Pets
Free beagle to great home,

good dog, housebroken. Call 254-2227.
Chihuahua/terrier mix, 9 months old, white, female. Asking \$250 OBO. Call Keri at 265-3606.
Bichon frise, 10 weeks old, white, male. Comes with all shots and papers, food, bed, collar, shampoo and brush. Asking \$1,000 OBO. Call (917) 217-6288.

Yard Sale
Saturday, from 7 a.m. to 2 p.m.,

multiple-family yard sale and flea market in front of Mokapu Elementary School on MCB Hawaii. For more information, call 254-4117 or 226-5216.

For Rent
Large studio apartment, panoramic view of Kaneohe Bay, furnished, 12’ x 25’ deck, hot tub/bath/shower, kitchenette, private, quiet, \$1,350 per month. Experience the real Hawaii. Call Bob

or Jennifer at 239-5495 or 478-7581.

Miscellaneous
Lenox china, holiday pattern, four three-piece place settings, \$200; Noritake china set for 12, Blythe pattern, \$400; Century booster seat, \$10; McDonald’s Furbies, 50 pieces, \$1 each. Call 254-2925.
Alpha Omega 3-in-1 carseat, converts from infant to booster seat, like new, \$75 OBO; Bombay Company glass cocktail table, \$50;

Ashley coffee table, corner lift top, must see, \$200. Call 206-7291.

Ads are free, and will appear in two issues of the Hawaii Marine, on a space available basis. Those interested in advertising must bring a valid DoD-issued ID to the Hawaii Marine office. The submission deadline is at 4 p.m. the Friday of the week prior to printing. For more information, call 257-8836 or 257-8837.